

# Information about the Kanta Services for the users of social welfare and health care services

Social welfare and healthcare professionals can offer you the best possible service if they also have access to up-to-date information about the services you have received previously. For this reason, your prescription, patient and client data are stored in Kanta Services.

## Your information is secure with Kanta Services

The Kanta Services are an entity of national information system services. When you visit a social welfare and healthcare service or pharmacy, your client and patient data is stored in the service provider's information system. From there, the data are transferred to the Kanta Services.

The Kanta Services help to transfer data securely so that they can be used by the professionals managing your affairs. You can view your own data in MyKanta.

## How information moves through Kanta



Social welfare and health care professionals enter and view data in their own information system. From there, the data is stored in Kanta.

## The use of your data is always based on a client or treatment relationship

Social welfare and health care professionals only use your data when necessary. The use of data requires a client or treatment relationship, and the right of access is only granted to persons who need access in order to perform their work tasks. The viewing of data is recorded in logs so that its use can be monitored.

## By granting your consent to data sharing, you allow service providers to access the data

Social welfare and health care service providers can view your data in their patient or client register without your separate consent. For example, patient data stored in a wellbeing services county can be used in the health care services of that wellbeing services county.

Your prescription data can be used without your separate consent in treatment situations and when you collect prescribed medication from a pharmacy.

When you give your consent to data sharing, your data will also be available to other service providers wherever you manage your affairs at any given time. This means that your data may be disclosed between wellbeing services counties and between public and private health care, for example.

## Changes in the consent to data sharing

Until 31 December 2023, the consent for data sharing has been required for the sharing of data stored in the Kanta Services between services providers.

**In the future, the consent may also be used to sharing data that is not in Kanta.**

In this case, for example, your data recorded on paper may also be shared by the wellbeing services counties with another county or between public and private health care.

If you have given your consent to data sharing before 2023 or earlier, we recommend that you update it in MyKanta. In this way, your consent to data sharing will enable the sharing of data that is not in Kanta.

If you give consent for the first time, it enables the sharing of both your data in Kanta and other data.

If you do not update your consent to data sharing, your previous consent will remain in force and enable the sharing of your data stored in Kanta.

More information on the changes to the consent to data sharing can be found at [kanta.fi/en/consent-to-sharing-patient-data](https://kanta.fi/en/consent-to-sharing-patient-data)

## You can restrict the use of your data

With a denial of consent to data sharing, you can specify which of your prescription, patient and client data may not be disclosed to other social welfare and health care service providers to view.

If you deny the sharing of some of your patient and client data, these data will only be visible to the service provider in whose register the data is stored. Despite the denial of consent, your data will be visible, for example, in the wellbeing services county where the data has been recorded.

**You can give or update your consent to data sharing and set up a denial of consent to data sharing in MyKanta. You can also manage your consents and denials of consent in person when visiting social welfare and health care services.**

## Use of health care data in Uusimaa

Public healthcare service providers in the region of Uusimaa are allowed to view your patient data in each other's registers once you have confirmed that you have received information about the Kanta Services, which details how your data is used.

Social welfare and health care can use this brochure to help give that information to you. Alternatively, you can read and acknowledge the notification yourself in MyKanta.

You can also use a denial of consent to data sharing to restrict the use of your patient data in Uusimaa.

For more information on how we use your data, please visit [kanta.fi/en/consent-and-denials-of-consent-to-data-sharing](https://kanta.fi/en/consent-and-denials-of-consent-to-data-sharing)

# Services on the MyKanta and in pharmacies

## What is the MyKanta?

MyKanta is an online service through which you can view your data stored in the Kanta Services. In MyKanta, you can view your personal health data and prescriptions, request a prescription renewal, and submit an organ donation testament and living will. Information about social welfare services will become available in MyKanta in stages, depending on the region of Finland.

**Log in to the MyKanta on kanta.fi using, for example, your online banking details.**

In MyKanta, it is possible to act on behalf of another adult with an electronic authorisation from Suomi.fi. Legal guardians may also act on behalf of a minor in MyKanta.

More information is available in MyKanta. You can ask for a brochure when you visit social welfare or health care services.

## Buying medication with a prescription

All prescriptions are prescribed electronically and the prescription data is stored in the Kanta Services.

At your appointment, you will be given printed patient instructions showing the names of the medicines with dosage instructions. You can also see this information in MyKanta. The medication can be dispensed to you in a pharmacy if you show e.g. your Kela card or the patient instructions you received from your healthcare provider.

If someone else collects your medication from a pharmacy on your behalf, they must present your Kela card or the printed patient instructions. You can also grant the person collecting your medication an electronic pharmacy authorisation using the Suomi.fi online service.

**Read more:**  
[kanta.fi](https://kanta.fi)  
[kanta.fi/en/web/guest/data-usage-and-security](https://kanta.fi/en/web/guest/data-usage-and-security)

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